

INSTITUT NATIONAL DES SCIENCES APPLIQUÉES ROIIEN





Mentoring program

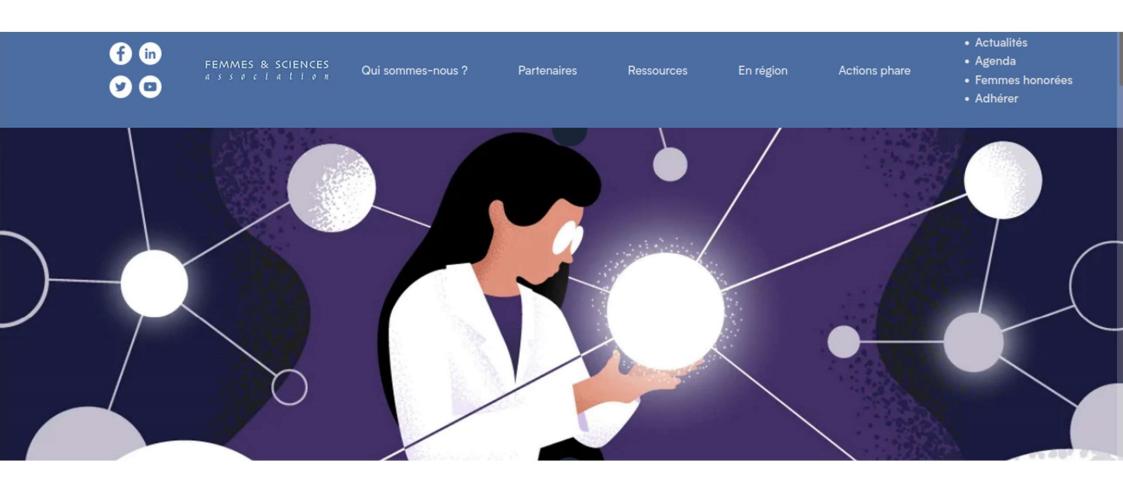
for 2nd year women PhD students of the doctoral school ED NC





Starting meeting EDNC – November 20

FEMMES & SCIENCES association



http://www.femmesetsciences.fr

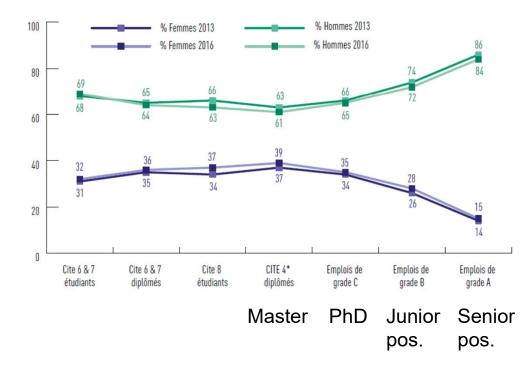
Promote and value science with women Promote and encourage women in scientific careers

=> That's the aim of the mentoring program being already set up in different french regions

Why? The context: an under-representation of women in certain disciplines and senior positions in academia

- In science, there is no question anymore about PhDs for women ... but there are less women with permanent positions, and even less in senior positions
- There are some system-related reasons:
 - Importance of stereotypes and gender roles
 - Not enough female role models in science
- ... which may make women doubt!
 - Lack of self-confidence
 - Difficulties to recognize and value their competences
 - What about children and a scientific career?

Part des femmes et des hommes au cours d'une carrière universitaire type en sciences et en sciences de l'ingénieur entre 2013 et 2016



What is mentoring?

Definition

 A two-side relation in which an experienced person (the mentor) guides and supports the professional (and personal) development of a less experienced person (the mentoree)

More precisely :

- There is more behind than the strictly scientific tutoring
- The mentoring does not replace the relations with the PhD advisor
- The relation can be integrated into a network
- ... Where you can exchange and learn new things

The impacts which have been demonstrated for the mentorees in an academic surrounding:

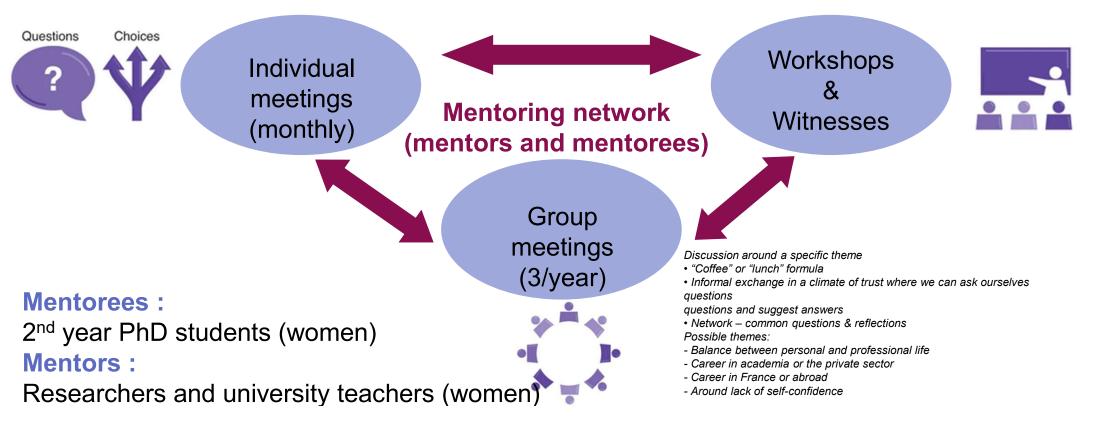
- A better professional and personal fulfillment
- Better research results, more fundings
- Better career progress



What is mentoring?

A program

- Exchange, support and constructive advice with a mentoring network in a caring and dynamic environment.
- 3 types of activities :



When? And by whom?



Normandy Mentoring Steering Committee Meeting of July 6 2021 – ENSI Caen

Constitution & Training of the network of mentors (~20) on the 3 Normandy sites by spring 2023

Program start:

University year 2024/2025 For 2nd year PhD students (women)

Presentation of the detailed program: Spring 2024

Autumn 2024

- Presentation of the mentors and constitution of the pairs
- Start of the monthly meetings and the workshops

Contact for EDNC Mélanie Mignot melanie.mignot@insa-rouen.fr



Femmes & Sciences en Normandie:

contact.normandie@femmesetsciences.fr